



B.E.A.S.T.

Borden Enduros Athletic Swim Team

Masters Swimming Ontario ... for "Fun, Fitness & Friendship"

G'Day All,

Etobicoke Semi-Serious IV Meet Results

We had five swimmers attend the Etobicoke meet two weekends ago. Results, video and photos can be found on the [BEAST News](#) page.

Upcoming Meets

There are two meets on the horizon. Full details and links to the meet packages can be found on the [BEAST Meets](#) page.

North York Masters Pentathlon (Sunday 14-Dec-2008) - All entries are individual for this meet (i.e. no team entry). You can use the form in the meet package or their link to Events-Online. The entry deadline is 7-Dec-08 (11 days). Relay entries are handled on deck. If you sign up for the meet, please send me a note so that we can coordinate relays and transportation.

Muskoka Masters Winter Invitational (Sunday 11-Jan 2009) - this will be a great small meet and we are looking to have maximum BEAST participation. The Bracebridge pool is new and only about an hour north of Barrie (95km). We'd like to get our team entry prepared and submitted before the Holidays. So, please let me know by 18-Dec-2008 if you would like to attend, providing a list of the events you'll swim (include entry times) and your relay preferences.

Christmas Dinner

Bruce has volunteered to organize a BEAST FEAST. Could you please send Bruce an email (BRUCE.DAVIDSON@forces.gc.ca) *ASAP* if you'd like to take part in a dinner out ... so that he can work on locations and dates based on an approximate number of participants? Thanks.

See you in the pool.

Cheers,

Don