



B.E.A.S.T.

Borden Enduros Athletic Swim Team

Masters Swimming Ontario ... for "Fun, Fitness & Friendship"

G'Day All,

Muskoka Masters Winter Invitational Swim Meet - Bracebridge Sunday 11-Jan-2009

Our team entry deadline is fast approaching - *next Thursday 18-Dec-08*.

We are targeting Bracebridge for maximum BEAST participation as it will be a great small meet for all to enjoy. Cathie will be attending to both swim and provide feedback. The event list is accessible via our [BEAST Meets](#) page. Events include 25 Freestyle, 50's and 100's of each stroke, 200 Open (any stroke) plus 4x50m Medley and Freestyle relays. MSO registration is required to swim at the meet, so contact me ASAP if you need to get that done.

So, before next Thursday, please let me know if you plan to participate by sending me an email with the events you'd like to swim, your seed times and your relay stroke preferences. We'll be submitting a single team electronic entry. Please bring your \$30 entry fee to the next practice.

North York Pentathlon Swim Meet - Sunday 14-Dec-2008

Organizers have extended the online entry for this Sunday's meet to *midnight TONIGHT*. See the BEAST Meets page for info.

Holiday Swim Session Cancellation

Our Thursday swim sessions on Christmas Day and New Year's Day are cancelled. All other sessions will go ahead as normally scheduled.

Christmas Dinner - Postponed

Participation numbers for the dinner out were very light. We'll try to organize a team dinner at a future time.

All the best to everyone for the Holidays.

Cheers,

Don